

## **SUMMER SCHEDULE 2019**

### **MONDAY**

PRIVATE LESSONS & CHOREOGRAPHY AVAILABLE BY APPOINTMENT

### **TUESDAY**

4:00 - 5:30: Level 4/5 Ballet

5:30 - 7:00: Level 3/4/5 Contemporary/Jazz

### **WEDNESDAY**

3:30 - 4:15: Conditioning - Strength/Stretch/Tone  
(yoga blocks & therabands required)

4:15 - 5:00: Level 3/4/5 Tap

5:00 - 6:15: Level 3/4/5 Leaps & Turns

### **THURSDAY**

3:30 - 5:00: Level 4/5 Ballet & Pointe

5:00 - 6:00: Level 4/5 Variations

6:00 - 7:00: Level 3/4/5 Hip Hop

\*7:30 - 8:30: Open Gym/Ground Acro

\*Contact Monique de Villier at 616-295-2262 for more info

### **FRIDAY**

PRIVATE LESSONS & CHOREOGRAPHY AVAILABLE BY APPOINTMENT

\*4:30 - 5:30: Aerial Silks

\*5:30 - 6:30: Lyra/Trapeze

\*Contact Monique de Villier at 616-295-2262 for more info

\*7:30 - 8:30: Adult Hip Hop

\*Contact Christian Cooper at 912-272-1002 for more info

### **SATURDAY**

PRIVATE LESSONS & CHOREOGRAPHY AVAILABLE BY APPOINTMENT

### **SUNDAY**

PRIVATE LESSONS & CHOREOGRAPHY AVAILABLE BY APPOINTMENT

\*6:00 - 7:00 Lyra/Trapeze

\*7:00 - 8:00 Aerial Silks

\*Contact Monique de Villier at 616-295-2262 for more info

Important Information

Classes marked with "\*" are NOT included in the Unlimited Class Package

PRIVATES & CHOREOGRAPHY ARE BY APPOINTMENT ONLY. PLEASE CALL 912-398-2569 FOR MORE INFORMATION!